

Ellerbe Springs Marathon Entry Form

March 13, 2010

Name (please print)_____ Age race day_____

Address_____ City_____ State_____ Zip_____

Phone_____ Running Club_____ Best Marathon_____

Sex____ Date of birth_____ Shirt size (circle one) M L XL XXL

Ellerbe Springs Marathons completed_____

Emergency Contact_____ Emergency Phone_____

E-Mail Address_____

Waiver and release: I agree to save, release, and keep harmless The Ellerbe Springs Inn and Restaurant, the Mangum Track Club, the Runners from Hell, organizers of the marathon, officials, participating sponsors, volunteers, and any other groups, agencies, or individuals involved with this event from all liability, claims, or demands for damages incurred by my participation in the Ellerbe Springs Marathon or any of its related parts. I realize that participating in a marathon is a sometimes risky and potentially hazardous endeavor and assume all responsibilities for my participation. I certify that I am properly trained and medically able to participate in this event. I realize that the race director has the right to refuse any entry and that decisions rendered by the race director whether in participation or finish results will be final.

Signature_____ Date_____

(Parent or guardian if under 18)

Make check to Fred Dummar and mail to Ellerbe Springs Marathon, 532 Blackbird Road
Fayetteville, NC 28314